

Course Syllabus

for The Integrity Project© Crunch Course

Classes for The Integrity Project© are usually 16 hours in duration. The course for which you have registered is a one day class that will be completed in eight hours. Since the course is so intense, you will find in this syllabus some assignments you must complete before you come to class. If you are not prepared when you arrive, we will have to send you out before class begins.

- 1.) Learn all the definitions on the attached page. This is essential for you to be able to absorb the vast amount of information in the class in a single day. You will have a test when you first arrive. You must make above 80% in order to continue in the class. You will be given a list of words, and you will have to write each definition. There is no matching or true/false.
- 2.) In order to help you understand the difference between integrity and reputation, and to demonstrate that understanding to your instructor, complete the following exercise. You should clip or mark the articles, and be ready to explain them when you finish your test. You should have a total of five articles.
 - Clip 2 articles from a newspaper or magazine dealing with Integrity or Breaches of Integrity (Both of these can be on integrity, or both on breaches, or one of each.)
 - Clip 2 articles from a newspaper or magazine dealing with reputation
 - Find at least one article or news report that can be an example of the difference between integrity and reputation. (Example: falsely accused inmate freed, or community leader convicted.)
- 3.) Accountability Partners are your personal consultants who will help you live your life of Integrity by helping to hold you accountable in certain areas of your life. You will need to bring to class with you the name and phone number (so we can call and verify) of three people whom you have asked to hold you accountable. You must have talked to them BEFORE we call them.

Definitions for The Integrity Project©

Student will be tested on all words at the beginning of class.

Integrity – The quality or state of being good, whole, complete, solid, sound, and dependable.

Reputation – That which is told and retold about an individual, by self or others, whether true or false.

Breach – A weakness, failure, or incompleteness in Integrity

Active Breach – Doing what is wrong

Passive Breach – Not doing what is right

Respect – The appreciation or regard for the value of someone or something. Knowing and showing the value of persons or things.

Reliability – The quality of being worthy of the trust of others; Trustworthiness

Truth – The accurate account of a fact or facts

Objective Truth – The accurate account of just the facts

Subjective Truth – The accurate account of fact or facts that includes personal interpretation or opinion

Honesty – The measure of how one treats Truth

Circle-F Principle – Confusing Integrity and Reputation Can Lead to Endangerment of your Future

Restraint – The act of setting and keeping boundaries.

Margin of Error – The distance between “stop here” and “uh-oh”

Responsibility – Being faithful to one’s obligations

Forgiveness – The act of removing guilt and giving up the right to “even the score”

Humility – The quality of realizing you are not perfect.

Discipline – The continual and consistent training that brings about positive results.

“You are a person of value and worthy of Respect.”